



Minu Joseph



+971 503799134



josephminu285@gmail.com



Dubai United Arab Emirates

SKILLS

- Critical Patient Care
- Medication Administration
- Wound Management
- Patient Assessment
- Health Education
- Electronic Health Records
- Interpersonal Communication
- Team Collaboration
- Critical Thinking
- Geriatric Treatment
- Time Management
- Family Planning
- Infection Control
- Nursing Diagnosis
- Empathy
- Healthcare Management
- Counseling (STD care)
- Cultural Awareness

Certifications

Registered Nurse (RN) -
Registration Number:
KL04202200749

Advanced Cardiovascular Life
Support - Nov 2025

Basic Life Support - Nov 2025

Additional Information

- Nationality: Indian
- Date of Birth: June 3, 1999
- Passport No: V6808371 (Valid until 17/01/2032)

PROFESSIONAL SUMMARY

Compassionate Registered Nurse with 3+ years of experience in patient care, medication administration, and emergency management. Skilled in assessments, collaboration with healthcare teams, and promoting patient safety. Strong communicator, detail-oriented, and effective in fast-paced environments.

EDUCATION

Bachelor of Science in Nursing

- Vidyaratna College of Nursing
- Rajiv Gandhi University of Health Science
- Graduated: 2020

Higher Secondary Education

- D.V. HSS Kandakary
- Kerala Board of Higher Secondary Examination
- Completed: 2016

WORK HISTORY

04/2024 - Present

Registered Nurse (Obstetrics & Gynecology - OPD)
Prime Hospital - Al Garhoud, Dubai, UAE

- Performed routine diagnostic tests, including PAP smears, pelvic exams, and breast cancer screenings.
- Provided comprehensive prenatal and postnatal care to expectant mothers.
- Assisted in the management of gynecological disorders, ensuring timely interventions.
- Conducted patient education on reproductive health, family planning, and contraception.
- Supported physicians during obstetric procedures and minor surgeries.
- Monitored fetal development and maternal health, ensuring patient safety throughout pregnancy.
- Provided emotional support and counseling for expectant mothers and their families.
- Managed patient documentation using electronic health records, ensuring accuracy and confidentiality.
- Participated in multidisciplinary team discussions to develop personalized care plans.
- Ensured infection control and hygiene protocols were strictly followed in clinical settings.

Languages

English



Fluent

Malayalam



Native

Kannada



Native

Hindi



Intermediate

05/2021 - 09/2023

Staff Nurse

Aster MIMS, (Medical ICU) Kannur, Kerala

- Conducted comprehensive patient assessments, including vitals, medical history, and physical examinations.
- Administered medications via IV, IM, and SC routes, ensuring correct dosages and patient safety.
- Managed patients with critical conditions such as renal failure, respiratory failure, and cardiac arrest.
- Provided preoperative and postoperative care for patients undergoing major surgeries.
- Monitored and maintained drainage devices, catheters, and other medical equipment for ICU patients.
- Performed wound care using aseptic techniques, promoting optimal healing.
- Collaborated with physicians and healthcare teams to optimize care plans for critical patients.
- Documented patient progress and care activities using electronic health record systems.
- Provided health education to families on post-discharge care and rehabilitation.
- Assisted in emergency procedures and played a key role in code blue responses.