



+971 589799349

utsavacharju@gmail.com

Dubai UAE

EDUCATION

- +2 Passed (Higher Secondary Education Board Nepal)
- Basic Computer

PERSONAL DETAILS

Nationality : Nepalese
Gender : Male
Marital Status : Unmarried
Date of Birth : 21/Jan/1996
Visa Status : Employment

LANGUAGE

English
Hindi
Nepali

SKILLS

- Expertise in Indian vegetarian and non-vegetarian cuisine
- Knowledge of traditional and modern cooking techniques
- Menu planning and meal preparation for daily family needs
- Food hygiene and kitchen safety practices
- Time management and multitasking in meal preparation
- Grocery shopping and inventory management
- Ability to follow family taste preferences and dietary requirements
- Presentation and serving of food in a neat and appealing manner
- Kitchen organization and cleanliness maintenance

UTSAV SHRESTHA

Summary

Experienced and dedicated Home Cook with 5 years of experience serving an Indian family in Dubai, skilled in preparing authentic Indian cuisine and maintaining high standards of taste, hygiene, and presentation. Proficient in meal planning, grocery management, and catering to family dietary preferences. Known for delivering fresh, healthy, and well-balanced meals while ensuring a clean and organized kitchen environment. Reliable, trustworthy, and committed to providing excellent household support with professionalism and care.

Experience

INDIAN COOK

2 years

ROYAL RESORT | ITAHARI, NEPAL

- Prepare and cook a variety of Indian dishes (vegetarian and non-vegetarian) according to family preferences.
- Plan daily meals and maintain balanced, healthy menus for breakfast, lunch, and dinner.
- Ensure kitchen cleanliness and maintain hygiene standards while cooking and handling food.
- Shop for groceries and maintain proper storage of food ingredients and supplies.
- Manage kitchen inventory and minimize food waste through proper planning.
- Prepare special meals for guests, festivals, and family occasions.
- Clean and organize kitchen utensils, appliances, and work areas after each use.
- Follow dietary restrictions, portion control, and specific taste requirements of family members.
- Maintain punctuality in meal preparation and serving times.
- Assist in other household tasks when required, such as serving food or arranging dining setup.

Declaration

I hope my experience & professional skills may be an asset for your organization, now I seek personal Interview With you to the same.