

Curriculum Vitae

Consultant
Obstetrics and Gynaecology

Uzma Sharif



MRCOG (UK)
MRCPI (Ireland)
FCPS (Pakistan)
DFSRH (UK)
Diploma in Cosmetic Gynaecology (ISAGSS)
MBBS (Pakistan)

PERSONAL DETAILS

<input type="checkbox"/> Name	Uzma Sharif
<input type="checkbox"/> Present Work Address	Sheikh Khalifa Hospital, Fujairah, UAE
<input type="checkbox"/> Present Home address	Villa 6, Signature Villas, Fujairah, UAE Res. Mobile no: +971 568922035
<input type="checkbox"/> Permanent Home Address	House No 175 FF, Phase 4, DHA, Lahore.
<input type="checkbox"/> Tel. Mobile	UAE mobile +971 568922035
<input type="checkbox"/> Email	uzma.mumtazawan@gmail.com
<input type="checkbox"/> Gender	Female
<input type="checkbox"/> Place of Birth	Pakistan
<input type="checkbox"/> Nationality	Pakistani
<input type="checkbox"/> Family	Married with children, Husband Head of Quality & Compliance @Intergraph

PERSONAL STATEMENT

I have been committed to Obstetrics and Gynaecology as a specialty since medical school. I have worked in all aspects of this field. I am skilled in both management of a busy delivery suite and gynecological emergencies.

A deep desire to make a positive difference to patient care drives my clinical and research agenda. I can prioritize and pursue projects that are likely to be fruitful.

I have a profound interest in teaching and always endeavor to be a good teacher who strives to give more than mere training. I take the teaching role to be a privilege, and aspire to inspire and nurture, not merely

My area of special interest is mainly obstetrics along with female sexual reproductive health, cosmetic gynecology/early pregnancy/emergency gynecology, office gynecology with scanning and benign gynecological surgery. I strive to offer women evidence-based management options and believe in shared decision-making tailored to each woman's unique circumstances. With extensive experience in pre-pregnancy counseling and managing various high-risk pregnancies, I work with women who have complex medical conditions or a history of multiple abdominal surgeries, including cesarean sections, myomectomies, bowel resections, and renal transplants. I am skilled in cervical assessment through ultrasound and in performing McDonald cervical cerclage when necessary to prevent preterm birth. A strong advocate for the normalcy of labor, I support women who wish to pursue a vaginal birth after a cesarean section, as well as those with previous traumatic birth experiences. My focus is on providing holistic care that addresses the physical, psychological, and spiritual needs of women.

In addition to my work in obstetrics, I am managing women with menstrual irregularities, pelvic pain, endometriosis, adenomyosis, polycystic ovary syndrome, and menopausal symptoms. I have a strong interest in caring for women experiencing early pregnancy complications, such as ectopic pregnancies,

miscarriages, and molar pregnancies, as well as those who present in the emergency department with ovarian cyst torsion or pelvic abscesses. I can assist couples in selecting suitable short-term or long-term reversible contraception, Manage sexual and reproductive health issues and performs laparoscopic or open tubal ligations when appropriate. I am trained to remove uterine polyps, fibroids, adhesions in the pelvis and abdomen.

I am a seasoned professional with an eye for detail. Whilst maintaining service standards I always strive to provide the best quality of care to the patients.

I believe that one of the central roles of consultants is to train tomorrow's clinicians. I have a profound interest in teaching and always endeavor to be a good teacher who strives to give more than mere training. I take the teaching role to be a privilege, and aspire to inspire and nurture, not merely train.

PROFESSIONAL MEMBERSHIPS

Irish Medical Council	Full Registration	419989
Health Authority Abu Dhabi, UAE	Full registration as consultant	GD19639
Ministry of Health, UAE	Full registration as consultant	D75983
College Of Physicians & Surgeons, Pakistan	Full registration	OBG-10-10757
Ministry of Health, Kingdom of Saudi Arabia	Full registration	11-RM-0035281
Pakistan Medical & Dental Council	Full Registration	40154-P
Society of Obstetrician & Gynaecologists of Pakistan	Life Member	SOGP2015
British Society of Colposcopy & Cervical Pathology	BSCCP member	6569

PROFESSIONAL QUALIFICATIONS

MBBS	Fatima Jinnah Medical College, Punjab University, Lahore, Pakistan	2002
FCPS	College Of Physicians & Surgeons, Pakistan	2010
MRCOG	Royal College of Obstetricians and Gynaecologists, London.	2014
MRCPI	Royal College of Physicians of Ireland.	2014
PROMPT	Practical Obstetric Multi-Professional Training	2023

(DFSRH)	Faculty of Female sexual reproductive health UK (FSRH)	2024
Diploma in cosmetic gynaecology	Diploma in cosmetic gynaecology ISAGSS	2024
ACLS	Advanced Cardiac Life Support	2024
BLS	Basic Life Support	2024

PROGRESS & CAREER DEVELOPMENT

EMPLOYMENT HISTORY

MIDDLE EAST (14 YEARS)

M/Year	Title of Post	Hospital	Full / Part Time/Locum
Current post 05.08.2024 Onwards	Consultant OBGYN	Sheikh Kahlifa hospital, Fujairah	Full Time, Tertiary Care hospital
01/12/2029 – 09/08/2024	Senior Specialist Obs & Gyne	Sheikh Shakhbout Medical City, Abu Dhabi, UAE	Full Time, tertiary care hospital
18.12.2015- 30.11.2019	Senior Specailist Obs & Gyne	Mafrag Hospital, Abu Dhabi, UAE.	Full Time, tertiary care hospital
15.08.2010 – 24.08.2015	Regsiterar OB & Gyne	Ministry Of Health Saudi Arabia, Durma Hospita	Full Time, General hospital

SUMMARY OF PROFESSIONAL EXPERIENCE

CURRENT POST:

05.08.2024- Till date- Consultant Obs & Gynae in Sheikh Khalifa hospital, Fujairah

PREVIOUS POSTS

1.12.2019-09.08.2024 – Senior Specialist in Sheikh Shakhbout Medical City, Abu Dhabi, UAE.

18.12.2013 – 30.11.2020 - Senior specialist in Mafrq Hospital, Abu Dhabi, UAE.

16.08.2010 – 24.08.2015 - Ministry Of Health Saudi Arabia as Registrar Obs & Gynae in MOH KSA.

10.04.2005-10.08.2009- Residency training in Obs & Gynae, Sir Ganga Ram Hospital, Lahore, Pakistan.

S E R V I C E D E V E L O P M E N T

I worked as primary team who established maternity services in Sheikh Khalifa hospital, Fujairah, Established Guidelines, policies and pathways and maintain KPI's.

I was active member of the team in successfully establishing a separate ER department of OBGYN department in SSMC Abu Dhabi, UAE.

Also, member of team who had established well women clinic in SSMC.

R E S E A R C H

I have successfully played the leading role in following research projects:

1. “Management of Scar pregnancy with placenta percreta and neurogenic bladder with symptomatic hydronephrosis”: A case report-Presented at SEHA International Nursing, Midwifery & Allied Health Conference, 27-29 Sep 2017.
2. “Rare Case Report Brain Tumor with hydrocephalus in Pregnancy” at RCOG World Congress 2018, Singapore 21 - 24 March 2018.
3. “Placental mesenchymal dysplasia with severe symmetrical fetal growth restriction, high serum human chorionic gonadotropin and healthy neonatal outcome”- presented at RCOG World Congress 2018, Singapore 21 - 24 March.
4. “Scar pregnancy progression to placenta accrete”- presented at RCOG World Congress 2018, Singapore 21 - 24 March.
5. “Cost effective analysis of Methotrexate in Ectopic pregnancy management”- Mafrq experience; Presented at the RCOG World Congress 2019 held on 17 - 19 June 2019, London, England, UK.
6. “7 STEPS of MERPACS” – “Mafrq hospital enhanced recovery program after cesarean section” at a tertiary care hospital in Abu Dhabi at the RCOG World Congress 2019 held on 17 - 19 June 2019.
7. “KPI improvement of VTE through computerization of risk scoring system in Obstetrics”- presented at RCOG Virtual World Congress 2021 on 9 - 12 June 2021.
8. “Impacts of Covid-19 on pregnancy outcome”- presented at RCOG Virtual World Congress 2021 on 9 - 12 June 2021.
9. “Medical management of ectopic pregnancy”- an audit in SSMC-”–Presented at 30th World congress on controversies in obstetrics & Gynecology & Infertility, Nov 24-27, 2022, Amsterdam, Netherland.
10. “Pregnancy and spontaneous coronary artery dissection”-Presented at 30th World congress on controversies in obstetrics & Gynecology & Infertility, Nov 24-27, 2022, Amsterdam, Netherland.

11. “Intrauterine midgut volvulus and ischemic necrosis of fetal gut” –Presented at 30th World congress on controversies in obstetrics & Gynecology & Infertility, Nov 24-27, 2022, Amsterdam, Netherland.
12. “Pregnancy Outcomes at Maternal age 45 Years and above” Presented at MEFS conference Abu Dhabi 2022.
13. “VTE Risk Assessment through Computerization of Scoring System” Presented at MEFS conference Abu Dhabi 2022.

PROTOCOLS

- ☐ Guideline for Labor and Delivery care, SSMC hospital
- ☐ Guideline for COVID-19 In pregnancy
- ☐ Guideline for Enhanced Recovery programme after cesarean section, SSMC
- ☐ Guideline for Osteoporosis Screening in Postmenopausal women, SSMC
- ☐ Guideline for GBS prophylaxis in Labor, SKHF hospital
- ☐ Guideline for GDM, SKHF hospital
- ☐ Guideline for tubal ligation, SKHF hospital
- ☐ Guideline for hypertension in pregnancy, SKHF hospital
- ☐ Guideline for VBAC, SKHF hospital
- ☐ Guideline for steroids use in pregnancy, SKHF hospital

AUDIT

I am committed to the central role of audit in delivering continually improving care as an integral part of clinical governance. Completed audits resulting in changes in practice include:

TOPIC	Date Presented	VENUE
An audit of use of Methotrexate in Ectopic pregnancy	March 2019	Mafraq Hospital, Abu Dhabi
An audit of use of Misoprostol in miscarriages	Jan 2019	Mafraq Hospital, Abu Dhabi
An audit of the fetal outcome in IVF Pregnancy	Jan 2018	Mafraq Hospital, Abu Dhabi
An Audit into LLETZ Treatment	2016-2017	Lancashire Teaching hospital, NHS trust, UK

COMMUNICATION SKILLS

I have developed good communication skills with patients and am fluent in English, Arabic, Urdu and Punjabi.

REFERENCES IN ABUDHABI

- ☐ References will be provided on demand.

SUMMARY PROFILE

- ☐ Clinical experience – 17 Years Post specialization
- ☐ MRCOG, MRCPI, FCPS, Diploma in Cosmetic gynecology, Diploma in female sexual reproductive health.
- ☐ MOH Consultant License OBs & GYNAE
- ☐ Teaching experience in U.A.E
- ☐ Conducted Researches
- ☐ Publications, Publications Abstracts, Presented research papers
- ☐ Computer skills, Managerial skills, Team player, Motivated