

Zulikha Ali Osman Alzain

General Surgery Specialist

Personal Information

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- **Phone:** +966505701563
- **Gender:** Female
- **Nationality:** Sudanese
- **Address:** Mecca, Saudi Arabia

Professional Summary

Dedicated and highly skilled General Surgery Specialist with over 12 years of progressive clinical and surgical experience across Sudan and Saudi Arabia. Proven expertise in managing a broad range of surgical conditions in both elective and emergency settings. Holds Membership of the Royal College of Surgeons in Ireland (MRCSI) and registered in the Saudi Commission for Health Specialties and Sudan Medical Council, with active IMC registration. Demonstrated leadership as Senior Registrar, overseeing surgical teams, mentoring junior staff, and contributing to quality improvement initiatives. Committed to clinical excellence, patient safety, and continuous professional development through evidence-based practice and ongoing education.

Work History

- **Senior Registrar in General surgery, Thurayban General Hospital, Saudi Arabia**

March 2021 – Present

- **Job Descriptions:**

- Led surgical teams in performing emergency and elective general surgery procedures
- Managed complex surgical cases and ensured comprehensive patient care plans
- Supervised junior doctors and residents, providing hands-on training and clinical guidance
- Participated in daily rounds, morbidity and mortality reviews, and surgical audits

- **General Surgery Specialist, Alasfya Medical Organizations, Sudan**

October 2019 – February 2021

- **Job Descriptions:**

- Performed diverse general surgical procedures, including emergency and elective operations
- Diagnosed and managed acute and chronic surgical conditions across various specialties
- Collaborated with multidisciplinary teams during surgeries and ward rounds
- Supervised and trained junior doctors, fostering clinical skills and adherence to protocols

- **General Surgery Resident, Sudan Medical Specialization Board Program, Sudan**

October 2013– March 2019

- **Job Descriptions:**

- Assisted in a variety of general surgical procedures under senior supervision
- Managed preoperative and postoperative patient care in both elective and emergency cases
- Participated in academic teaching, surgical audits, and clinical research activities
- Rotated through multiple surgical specialties, gaining broad operative and clinical experience

- **Medical Officer, WD Medani Teaching Hospital, Sudan**

November 2011 – October 2013

- **Job Descriptions:**

- Delivered emergency medical care in high-pressure scenarios.
- Diagnosed and managed trauma, cardiac events, and infectious diseases.
- Performed minor surgical procedures, including suturing and abscess drainage
- Collaborated with surgeons and anesthesiologists in operating rooms during critical cases.

- **Internship Year, Federal Ministry Of Health Sudan**
November 2011 – November 2012
 - **Job Descriptions:**
 - Rotated through Different departments developing a strong clinical foundation.
 - Assisted senior physicians in patient diagnosis and management.
 - Gained hands-on experience in managing chronic and acute illnesses.
 - Ensured high standards of patient care while maintaining detailed medical records.

Education

- **Membership of The Royal College of Surgeons in Ireland MRCSI**
Ireland, June 2024
- **Bachelor Degree of Medicine and General Surgery MBBS**
University of Gezira, Sudan - October 2019

Licenses and Registrations

- **IMC Registration**
Registration No.: 537691
May 2025
- **Full Membership MRCS, Ireland**
June 2024
- **Senior Registrar in General surgery, Saudi Commission for Health Specialist**
August 2021
- **General Surgery Specialist, Sudan Medical Council**
October 2019

Courses

- **ATLS (Advanced Trauma Life Support):**
Al-Qunfudhah General Hospital, Saudi Arabia – June 2024
- **Basic Life Support (BLS) Course**
Saudi Heart Association – May 2025
- **Continuing Professional Development (CPD) program courses**
Saudi Ministry of Health

Clinical Skills

- Expert in managing a wide range of surgical conditions in both elective and emergency settings
- Trained in advanced trauma life support (ATLS) and perioperative patient management
- Proficient in performing and assisting with various general surgical procedures
- Skilled in preoperative assessment, intraoperative decision-making, and postoperative care
- Experienced in managing trauma, gastrointestinal, and soft tissue surgical cases
- Adept at teaching junior staff, presenting clinical cases, conducting audits, and engaging in surgical research
- Competent in clinical documentation and electronic medical records systems.

Soft Skills

- Strong communication and interpersonal skills
- Leadership and team collaboration
- Analytical thinking and problem-solving
- Stress management and adaptability in emergencies
- Proficient in using computer and Microsoft Office

Languages

- **Arabic:** Native
- **English:** Fluent

Additional Information

- Willing to relocate for the right opportunity
- Available for immediate employment
- Most of the above-mentioned certificates are certified by Ministry Of Health (MOH), Ministry Of Higher Education, Ministry Of Foreign Affairs, and available upon Request.
- Reference Available Upon Request.